



## TWIST Session 8: Misuse of medicines

Tuesday 24<sup>th</sup> October, 14:30h – 16:00h (Room 1.06)



**Cathy Stannard** *MB, ChB, FRCA, FFPMRCA, Consultant in Complex Pain and Pain Transformation Clinical Lead NHS Gloucester Clinical Commissioning Group UK.*

Dr Cathy Stannard was a Consultant in Pain Medicine for 23 years and is now Consultant in Complex Pain/Pain Transformation Programme Clinical Lead for NHS Gloucestershire CCG. She has published widely on aspects of pain management, evidence, and opioid therapy and potential implications of analgesic prescribing for public health. She has chaired working groups for the Medical Royal Colleges, professional organizations and policymakers on Pain and Substance Misuse, Best Practice in Opioid Prescribing, Pain and Addiction and Pain Management in Secure Environments. Cathy is involved in the work of a number of bodies including the

WHO, PHE, NHS England, MHRA, European Medicines Agency, NICE and the Cochrane collaboration. She lectures nationally/internationally on use of opioids and problem opioid use to policymakers, pain professionals and other medical disciplines. She has led a national strategy for improving pain management in prisons. Cathy frequently contributes to conversations opioids and painkiller addiction in the media.

**Roger Knaggs** *BSc, BMedSci, PhD, FFRPS, FRPharmS, FFPMRCA, Associate Professor in Clinical Pharmacy Practice University of Nottingham UK.*

For nearly ten years, Roger's main role was to provide a clinical pharmacy service to the Anaesthetics directorate and to contribute to clinical activity in the multidisciplinary Pain Management Service at Nottingham University Hospitals NHS Trust. In September 2011, he was appointed to a new clinical academic position that provides teaching and research opportunities whilst maintaining regular clinical practice. Roger's major research interests relate to understanding the patterns and use of analgesic medicines in everyday clinical practice, applying evidence-based therapeutics and interventions to improve medicines optimisation for analgesic medicines.



Roger is a Fellow of the Royal Pharmaceutical Society and chair of the RPS Accreditation Panel. He represents the RPS on pain management issues in both online and traditional media, including regular comment for BBC Regional Radio. He is a past chair of the United Kingdom Clinical Pharmacy Association Pain Management Group. Roger is currently Honorary Secretary of the British Pain Society.

### **Session Description:**

Learning objective(s):

- To understand patterns of medicines misuse in Europe and how these compare with the US
- To consider what we know about medicines related harms in Europe with specific examples from the UK
- To recognise complexity in persistent pain diagnoses and patterns of prescribing for persistent pain

Scope/main topics covered:

- The session starts with a perspective on the US 'opioid epidemic' and how culture and healthcare systems may be protective against this in Europe.
- We then discuss European data on medicines related harms with specific focus on the UK.
- The session ends with a focus on clinical aspects of prescribing addictive medicines including exploration of persistent pain as a complex phenomenon.

Training/Learning formats:

- Workshop
- Group discussions



## TWIST Session 8: Misuse of medicines (cont.)

### **Session Description (cont.):**

Learning outcome(s) (what should the trainee be able to do following the session?):

- Discuss perspectives on misuse, abuse and addiction to prescribed medicines and how healthcare organisational and societal factors contribute to misuse of medicines
- Outline medicine related harms in Europe and strategies that have been used to minimise harm
- Describe the similarities and differences between persistent pain and substance misuse disorders

### **Related LxAddictions 2017 sessions:**

SS8 (global surveillance), SS21 (opioids) & PS31 (different substances)