

## TWIST Session 12: Alcohol – Key knowledge



*(This session will be repeated to allow more participation)*

Wednesday 25<sup>th</sup> October, 11:00h – 12:30h (Room 1.05) & 12:45h – 14:15h (Auditorium IV)



**Toni Gual MD PhD.** *Head of the Addictions Unit, Psychiatry Department, Neurosciences Institute of the Hospital Clinic, University of Barcelona / Senior Researcher at IDIBAPS, Barcelona.*

Dr Gual is a psychiatrist, with extensive experience in addiction research, including both clinical and public health fields. He has coordinated various large EU-funded addiction projects (e.g. AMPHORA, ODHIN, ALICE-RAP and LEADER) and has been involved in several international research projects in the areas of public health and clinical trials, including alcohol treatments, cannabis harms, and the use of e-Health and m-Health solutions to improve the treatment of addictive behaviours. He is Vice-President of the International Network on Brief Interventions for Alcohol Problems

(INEBRIA), President of the European Federation of Addiction Scientific Societies (EUFAS) and past President of the Spanish Scientific Society for the Study of Drugs and Alcohol.

**Pablo Barrio MD PhD.** *Psychiatrist at the Addictions Unit, Psychiatry Department, Neurosciences Institute of the Hospital Clinic, University of Barcelona.*

Dr Barrio is an early career psychiatrist specialized in the assessment, treatment and research of addictions. He developed his doctoral thesis in the field of alcohol biomarkers. He has participated in different addiction research projects both nationally and internationally funded. His main areas of research involve alcohol assessment and treatment, tobacco and mental health and the use of mhealth solutions in the addiction field, as well as patient-centred approaches to the treatment of addicted patients. He is a member of the Spanish Network for the Study of Addiction and also a member of the Motivational Interviewing Network of Trainers.



### **Session Description:**

Learning objective(s):

- To provide the latest research updates on selected topics
- To provide the necessary information for a comprehensive understanding of Lisbon Sessions on alcohol and related topics
- To facilitate the adoption of best-practice strategies for a wide range of alcohol topics.

Scope/main topics covered:

- Alcohol policy
- Assessment of alcohol problems
- Treatment
- Youth

Training/Learning formats:

- Classic slide presentation (as little as possible)
- Interactive discussion in small groups
- Practical-case studies illustrating some of the key alcohol topics

Learning outcome(s) (what should the trainee be able to do following the session?):

- To better understand LxAddictions sessions and relate them to their own background/work
- To be aware of the last research developments on key alcohol areas and integrate them into their own work
- To approach their alcohol-related work to current best-practice protocols

### **Related LxAddictions 2017 sessions:**

PS1(prevention & policy), PS13 (assessment), PS24 (treatment), PS28 (young) & PS42 (social contexts)