

TWIST Session 16:

Sexuality, Chemsex and Club drugs - What are the priorities?

Wednesday 25th October, 12:30h – 13:30h (Auditorium VIII)

This TWIST Session is open to all Lisbon Addictions Conference participants



Owen Bowden-Jones is a Consultant in Addiction Psychiatry and Honorary Senior Lecturer at Imperial College in the Division of Brain Science.

National roles include clinical adviser to Alcohol, Drugs and Tobacco division at Public Health England and Chair of the Advisory Council on the Misuse of Drugs (ACMD).

In 2010, Dr Bowden-Jones founded the CNWL Club Drug Clinic an innovative service offering treatment for emerging drugs such as novel psychoactive substances. The service has since developed joint clinics with local sexual health providers.

Owen leads project NEPTUNE, a review of clinical management of 'club drugs' (www.neptune-clinical-guidance.co.uk)

In 2015, Owen was awarded the Communicator of the Year prize by the Royal College of Psychiatrists. Last year he wrote 'The Drug Conversation' a book for parents helping them talk to their children about drugs. The book received a 'Highly Commended' award at this year's BMA book awards.

Session Description:

Learning objective(s):

- To present and examine the latest scientific thought on psychoactive drug use and sexual activity
- To relate these ideas to relevant services.

Scope/main topics covered:

- How are psychoactive drug use and sexual activity related?
- Four models for thinking about drug related sexual activity?
- What is the harm? And to whom?
- What does the literature tell us and what does it not?
- What can drug services learn from sexual health services?
- What can sexual health services learn from drug services?
- Is there a better way to meet the needs?

Training/Learning formats:

• This session will explore the interface between drug use and sexual behaviours. Using four categories, the session will examine particular risks, vulnerable populations and possible treatment responses. The session will be interactive and participants are encouraged to bring examples of local challenges.

Learning outcome(s) (what should the trainee be able to do following the session?):

Consider local situations in the framework of four models for thinking about drug related sexual
activity

Related LxAddictions 2017 sessions:

SS38 (nightlife risk), PS56 (harm reduction/chemsex), PS57 (recreational settings)