# Support material for TWIST Session 10:

## PREVENTING HARMS AND PROBLEMS FROM SUBSTANCE USE

## Background reading

### Suggested reading and resources

**UNODC International Standards on Drug Use Prevention**

Global International Standards summarise the currently available scientific evidence, describing some interventions and policies that have been found to result in positive prevention outcomes and their characteristics

https://www.unodc.org/unodc/en/prevention/prevention-standards.html

**EMCDDA Best Practice Portal on Prevention**

Evidence summaries and statements describing effective prevention approaches for communities; families; the general population; partygoers; school students

http://www.emcdda.europa.eu/best-practice_en?f[]=field_bpfs_area:1025

**Cochrane Drugs and Alcohol Groups**

High quality systematic reviews on evidence of effectiveness for a number of prevention approaches

http://cda.cochrane.org/our-reviews

**UK Advisory Council on the Misuse of Drugs (ACMD) briefing on prevention**

A policy briefing for the UK government, but providing an accessible overview of important prevention concepts and discussions

https://www.gov.uk/government/publications/prevention-of-drug-and-alcohol-dependence

**Scottish Government 'What Works' in Drug Education and Prevention**

A report presenting a summary of evidence of effectiveness for different types of drug prevention and education for children and young people, principally that which is delivered in schools.

http://www.gov.scot/Publications/2016/12/4388

**UPC-ADAPT**

Website of a EU funded project designed to adapt the Universal Prevention Curriculum (UPC), for training prevention professionals

http://upc-adapt.eu/

**EUSPR**

Website of the European Society for Prevention Research, a scientific society with a mission to promote the development of prevention science, and its application to practice so as to promote human health and well-being through high quality research, evidence based interventions, policies and practices.

http://euspr.org

**Health Nightlife Toolbox**

The Healthy Nightlife Toolbox is a website designed for local, regional and national policy makers and prevention workers, to help reduce harm from alcohol and drug use in nightlife settings

http://www.hntinfo.eu/